

Basketball Worksheet

1. Basketball began with how many fundamental rules?
 - a. –
2. Who invented basketball?
 - a. –
3. The following are awarded how many points?
 - a. Freethrow –
 - b. Field Goal –
 - c. 3-Point Field Goal –
4. What is the time length of a high school basketball game?
 - a. –
5. After a made basket, the player who throws the ball in may do what?
 - a. –
6. On any inbounds play other than a made basket, the player who throws the ball in must establish what?
 - a. –
7. The player must throw the ball in within how much time or it is turned over?
 - a. –
8. In high school, the court dimensions are what?
 - a. –
9. The freethrow line is how many feet from the basket?
 - a. –
10. Define the following terms:
 - a. Dribble –
 - b. Held Ball –
 - c. Pivot –
 - d. Rebound –
 - e. Screen –
11. Substitutes must report where and wait for what?
 - a. –
 - b. –
12. Define the “Rule of Verticality”:
 - a. –
13. A team typically has five common positions:

- a. –
- b. –
- c. –
- d. –
- e. –

14. The clock is stopped at the end of each period and when an official blows a whistle for the following:

- a. –
- b. –
- c. –
- d. –
- e. –
- f. –
- g. –

15. To establish “legal guarding position” the defender must be within how many feet and what else?

- a. –
- b. –
- c. –

16. When a defender is guarding a player who does not have the ball, the defender must do what?

- a. –

17. Define zone defense:

- a. –

18. A player is disqualified and removed from a game after being assessed what?

- a. –

19. Define these specific fouls:

- a. Blocking –
- b. Charging –
- c. Face Guard –
- d. Flagrant Foul –
- e. Hand Check –
- f. Intentional Foul –
- g. Personal Foul –
- h. Player-Control Foul –
- i. Technical Foul –

20. Freethrows must be attempted within how much time?

a. –

21. When shooting a freethrow, the shooter and players in the lane must remain in their positions until when?

a. –

22. Define “one-and-one bonus” in high school:

a. –

23. The penalty for most technical fouls is what?

a. –

24. Define these specific violations:

a. Backcourt Violation –

b. Goaltending –

c. Double Dribble –

d. Kick –

e. Traveling –

25. The ball has a circumference of how many inches for men and women?

a. Men –

b. Women –