

Football Worksheet

1. Early roots of the modern game can be traced to a college game played when and between whom?
 - a. –
 - b. –
2. Number of players per team?
 - a. –
3. Name the four ways you can score in football?
 - a. –
 - b. –
 - c. –
 - d. –
4. What is the time length of a high school football game?
 - a. –
5. The playing field is how wide and how long?
 - a. –
 - b. –
6. The two goal lines are how many yards apart?
 - a. –
7. Define the following terms:
 - a. Dead Ball –
 - b. Free Kick –
 - c. Fumble –
 - d. Onside Kick –
 - e. Out of Bounds –
 - f. Special Teams –
 - g. Touchback –
8. On offense, player positions are the following:
 - a. –
 - b. –
 - c. –
 - d. –
 - e. –

- i. –
- ii. –
- iii. –

9. On defense, players positions are the following:

- a. –
 - i. –
 - ii. –
- b. –
- c. –
 - i. –
 - ii. –

10. Special teams are the units on the field when kicking takes place – during?

- a. –
- b. –
- c. –
- d. –

11. The winner of a coin toss opts between the following two choices:

- a. –
- b. –

12. The game begins with a kickoff at the kicking teams what yard line in high school?

- a. –

13. Player's on the receiving team must be no closer than how many yards?

- a. –

14. The offensive team must have at least how many players on its line at the snap?

- a. –

15. While a team may only attempt one forward pass during a down, it may attempt how many backward passes or laterals?

- a. –

16. An airborne high school receiver must come down with how many feet in bounds?

- a. –

17. A runner is down once he touches any part of his body to the ground, except for what?

- a. –

18. A defender records a sack when he tackles the quarterback for a what?

- a. –

19. The offensive team has four downs to advance the ball how far?

a. –

20. The player receiving the punt may attempt to do any of the following:

a. –

b. –

c. –

21. A touch down is worth how many points?

a. –

22. After a touchdown is scored, a team has the choice of attempting a one or two point conversion. The ball is placed where?

a. –

23. A field goal is worth how many points?

a. –

24. If the kick is no good, the ball is given to the opponents where?

a. –

b. –

25. A safety is worth how many points?

a. –

26. Define the following fouls and penalties (please include length of penalty):

a. Defensive Holding –

b. Delay of Game –

c. Encroachment –

d. Fair Catch Interference –

e. False Start –

f. Illegal Contact –

g. Illegal Motion –

h. Intentional Grounding –

i. Pass Interference –

27. Define the following personal fouls that result in penalties:

a. Blocking Below the Waist –

b. Chop Block –

c. Clip –

d. Grabbing the Face Mask –

e. Roughing the Kicker –

f. Unnecessary Roughness –

g. Unsportsmanlike Conduct –

28. A crew of three (a.k.a. Chain Gang) operates what on the sidelines?

a. –

29. How many timeouts per half do teams get?

a. –

30. The clock starts when?

a. –

b. –

c. –

31. The clock stops when?

a. –

b. –

c. –

d. –

e. –

f. –

g. –

32. While each official has many duties, the main duties for each include the following:

a. Referee –

b. Umpire –

c. Linesman –

d. Line Judge –

e. Back Judge –

Possible Answers:

f. In charge of the chain crew

g. Operates on the opposite side of the field from the linesman

h. Has general control

i. Judges whether field goals are good

j. Watches for scrimmage line violations