

Volleyball Worksheet

1. Name 3 variations of the game of volleyball.
2. Who invented volleyball and where?
3. What is the objective of the game of volleyball?
4. How do we determine who serves first in a volleyball match?
5. Can the ball touch the net on a serve?
6. How high is the net for women?
7. How many players at one time play for each team?
8. How many seconds does a player have to serve?
9. Where do I have to serve the ball from?
10. How many hits does a team get each time the ball is on their side of the net?
11. Can the same player contact the ball two times in a row?
12. If the ball touches the net during play, is it still in play?
13. Where is the only place that a back row player may spike from?
14. Explain rally scoring.
15. Do you have to win a game by 2 points?

Terms:

Back-row Players –

Block –

Dig –

Hit –

Set –

Spike –

Sideout –